

Ridge and Valley Charter School  
Summer Programs 2010

Summer Wilderness Expeditions  
**Canoeing the Delaware River**  
A Three-Day River Expedition For Parents and Their Children



Are you looking for a unique experience with your child this summer? Come spend three days canoeing down the Delaware River. What a wonderful opportunity to learn together and connect with the nature. This trip is designed to teach skills- canoe and navigate the river, set up camp, cook delicious meals, and most importantly – make memories! The Delaware River offers wonderful opportunities for viewing wildlife- bald eagles, swans, great blue herons, turtles, and more. There will be opportunities for fishing, swimming, and exploring the land surrounding the river.

These trips are for students completing grades 4 through 8 and their parents or guardians that are interested in spending 3 days outdoors, discovering the Delaware River. Participants will carry their own gear and we will camp overnight along the river. No prior paddling or camping experience is necessary.

Let us show you the river valley from river that created it. Come travel with us...on one of our canoeing adventures!



**Program Director: Cathy Barbier** - Cathy is a founding teacher at the Ridge and Valley Charter School. She holds a BS in Elementary and Special Education and a Masters in Education. Cathy has experience leading backpacking, canoeing, and biking expeditions, and is a graduate of the National Outdoor Leadership School Educator Course. Cathy has been leading expeditions for the last 8 years in the Northwest region of New Jersey and holds certifications in Wilderness First Aid and American Red Cross Lifeguarding.

These summer programs provide children the chance to explore nature together, meet other eco-conscious families, and create memories for a lifetime. Register early. The registration fee is \$25 per person and is non-refundable. For information contact Cathy at 908-452-3324 or [cathy.barbier@ridgeandvalley.org](mailto:cathy.barbier@ridgeandvalley.org). Please complete the registration form (reverse) and submit it with payment to "Ridge and Valley Charter School."

**Registration Information:**

Cost: \$150 total, \$25 to register  
Ages: 4th thru 8th grade  
Parent-chaperoned?: Yes

**Trip #1:**

Dates: June 25-27, 2010  
Register by: June 4, 2010  
Balance due: June 11, 2010

**Trip #2:**

Dates: July 5-7, 2010  
Register by: June 14, 2010  
Balance due: June 21, 2010

**Trip #3:**

Dates: Aug 4-6, 2010  
Register by: July 14, 2010  
Balance due: July 21, 2010

**Trip #4:**

Dates: Aug 27-29, 2010  
Register by: Aug 6, 2010  
Balance due: Aug 13, 2010

Total cost: \$150 (see due dates above)  
Registration fee: \$25 (non-refundable)  
Make checks payable to: *Ridge and Valley Charter School*

Send registration form and fee to:  
Ridge and Valley Charter School  
1234 Route 94, Blairstown, NJ 07825  
(908) 362-1114

