

Ridge and Valley Charter School Summer Programs 2010

Summer Wilderness Expeditions Wilderness Day Trips Single-Day Hiking and Canoeing Adventures



If you are interested in wilderness adventure, hiking and canoeing, then we have some trips for you! We are offering 3 different Day Trips. Enjoy one or all three. Trips will include teambuilding, canoeing and hiking skills, and lots of fun! All three trips are open to students who have completed grades 3 through 7. See the dates and specific trips information!

We'll spend the day outdoors, backpacking, canoeing, and learning teambuilding skills. Participants will carry their own gear and paddle their own canoes. We will learn skills – backpacking, camping, cooking, and navigation with a map – and find opportunities for personal growth in leadership, relationships, and group problem solving.

Come hiking or paddling with us...on one of our day trip adventures!



Program Director: Cathy Barbier - Cathy is a founding teacher at the Ridge and Valley Charter School. She holds a BS in Elementary and Special Education and a Masters in Education. Cathy has experience leading backpacking, canoeing, and biking expeditions, and is a graduate of the National Outdoor Leadership School Educator Course. Cathy has been leading expeditions for the last 8 years in the Northwest region of New Jersey and holds certifications in Wilderness First Aid and American Red Cross Lifeguarding.

These summer programs provide children the chance to explore nature together, meet other eco-conscious families, and create memories for a lifetime. Register early. The registration fee is \$20 per person (chaperones are free) and is non-refundable. For information contact Cathy at 908-452-3324 or cathy.barbier@ridgeandvalley.org. Please complete the registration form (reverse) and submit it with payment to "Ridge and Valley Charter School."

Teambuilding and Canoeing on the Lake

Dates: August 24th, 2010
Ages: 3rd thru 7th grade
Cost: \$40 total, \$20 to register
Register by: Aug 3, 2010
Balance due: Aug 10 12, 2010
Parent-chaperoned?: No, just kids

Teambuilding and Hiking Along the Appalachian Trail

Dates: August 25th, 2010
Ages: 3rd thru 7th grade
Cost: \$40 total, \$20 to register
Register by: Aug 4, 2010
Balance due: Aug 11, 2010
Parent-chaperoned?: No, just kids

Delaware River Trip

Dates: August 26th, 2010
Ages: 3rd thru 7th grade
Cost: \$40 total, \$20 to register
Register by: Aug 5, 2010
Balance due: Aug 12, 2010
Parent-chaperoned?: Optional

Total cost: \$40 (see due dates above)
Registration fee: \$20 (non-refundable)
Make checks payable to: *Ridge and Valley Charter School*

Send registration form and fee to:
Ridge and Valley Charter School
1234 Route 94, Blairstown, NJ 07825
(908) 362-1114

