

RVCS REQUIRED CLOTHING AND GEAR

(see individual team gear lists for any additional items)

At Ridge and Valley Charter School we plan to go outdoors every day regardless of the weather. Being properly dressed for time outdoors allows the students and guides the freedom and confidence to explore the earth together. We like to say that there is no bad weather, just inappropriate clothing. It is very important that every child has the proper gear every day, as outdoor experiences are an essential element of their school day. **Please send all general gear, as well as rain jacket, rain pants, rain boots, and hiking sandals or hiking boots into school on the first day of school.**

The following is the REQUIRED gear needed for participation in the Ridge and Valley Charter School curriculum. Your child may not participate in the learning experience if they do not have proper gear. All clothing/gear MUST be labeled with your child's name. WE RECOMMEND LEAVING AS MUCH GEAR AT SCHOOL AS POSSIBLE TO ENSURE THAT YOUR CHILD IS ALWAYS PREPARED TO SPEND TIME OUTDOORS SAFELY.

<u>General</u>
Extra set of clothes (shirt, pants, underwear, and socks)
2-3 Reusable water bottles (one to keep at school)
Reusable lunch box w/reusable food containers (meals are pack in/pack out)
Backpack - large enough for take-home folder, books, gear, water bottle etc. (no backpacks with wheels)
2 cloth hand towels, with loops for hanging (dish towels with pre-sewn loops work well)
<u>Outdoor</u>
Hiking socks (non-cotton socks, such as wool or wool-blend)
Sun hat (wide brim preferred)
Fleece jacket
Waterproof rain jacket (large enough to fit fleece & layers underneath; no ponchos)
Waterproof rain pants
Lightweight wool or fleece gloves
Waterproof, insulated winter gloves/mittens
Warm fleece or wool hat
Neck warmer or balaclava
Insulated snow pants
Insulated winter coat (preferably with an attached hood)
<u>Footwear</u>
Hiking shoes or boots
Waterproof, insulated neoprene Bog/Muck Boot-style boots OR one pair of rain boots and one pair of snow boots each (Pull-on style boots are recommended - velcro closures do not hold up well)
Optional: Sandal with sturdy sole, closed toe front and heel strap (example: Keen brand type of sandal)
Suggested: Indoor/classroom shoes to remain at school (no slippers)