

## **2022-2023 RVCS REQUIRED CLOTHING & GEAR**

The following clothing and gear is **REQUIRED** for participation in the RVCS curriculum.

**LABEL** all clothing/gear with your child's name.

**WE RECOMMEND LEAVING AS MUCH GEAR AS POSSIBLE AT SCHOOL TO ENSURE THAT YOUR CHILD IS ALWAYS PREPARED TO SPEND TIME OUTDOORS SAFELY.**

<b><u>General</u></b>
<b>Complete extra set of clothes</b> (t-shirt, pants, underwear and socks packed in a small, reusable bag)
<b>2-3 Reusable water bottles</b> (at least one to remain at school)
<b>Reusable lunch box/bag with reusable food containers</b>
<b>Backpack</b> for transporting daily essentials (NO backpacks with wheels)
<b>Face coverings</b> (at least 2 to leave at school - please pack separately in a small reclosable bag)
Suggested: "Crazy Creek" style stadium seat
<b><u>Outdoor</u></b>
<b>Hiking socks</b> (non-cotton socks, such as wool or wool-blend, crew or knee height)
<b>Sun hat</b> (wide brim suggested, but baseball caps are okay)
<b>Fleece jacket</b> (zipper, not pullover, is strongly recommended)
<b>Waterproof rain jacket</b> (large enough to fit a fleece & other layers underneath – NO ponchos and umbrellas)
<b>Waterproof rain pants</b>
<b>Lightweight wool or fleece gloves</b>
<b>Waterproof, insulated winter gloves or mittens</b>
<b>Winter hat</b> (fleece or wool; covers the ears)
<b>Neck warmer</b> (or balaclava)
<b>Waterproof, insulated snow pants</b> (or overalls)
<b>Waterproof, insulated winter coat</b> (an attached hood is best)
<b><u>Footwear</u></b>
<b>Hiking boots or hiking shoes</b>
<b>Waterproof, insulated neoprene style boots, such as Bog or Muck brands (strongly recommended)</b> <b><u>OR</u></b> <b>one pair of rain boots AND one pair of snow boots</b> (pull-on style boots without velcro or laces are best)
<b>Indoor classroom shoes</b> (not slippers!) with closed toe, closed heel, and an outdoor sole, to remain at school
<b>"Keen"-style sandals OR water shoes</b> (fully closed OR with sturdy sole, closed-toe front and a heel strap)